

# AFO 2017

Organised by

**AFOS** Asian Federation of  
Osteoporosis Societies

Co-Hosted by

**PERSATUAN  
OSTEO  
POROSIS**  
Malaysian Osteoporosis Society

Supported by



## The 5th Scientific Meeting of the Asian Federation of Osteoporosis Societies **2017**

6th – 8th October 2017 • Hilton Kuala Lumpur, Malaysia

Theme: *Best Practices, Future Directions.*

**CPD Points  
Will Be  
Awarded**

### KEYNOTE SPEAKERS



#### Professor Dr Peter Ebeling

Head of the Department of Medicine  
in the School of Clinical Sciences at  
Monash Health.



#### Professor Dr Serge Ferrari

Full Professor of Medicine at the  
Geneva Faculty of Medicine and  
Head of the Service of Bone Diseases  
of the Geneva University Hospital.

### FACULTY

Dr Matin Mellor ABDULLAH, Malaysia  
Dr Tanawat AMPHANSAP, Thailand  
Dr Seng Bin ANG, Singapore  
Dr John Carey, Ireland  
Dr Siew Pheng CHAN, Malaysia  
Dr Wai Sin CHAN, Macau  
Dr Manju CHANDRAN, Singapore  
Dr Natthinee CHARATCHAROENWITTHAYA, Thailand  
Dr Winnie CHEE, Malaysia  
Dr Tien-Tsai CHENG, Taiwan  
Dr Ching-Lung CHEUNG, Hong Kong  
Dr Siok Bee CHIONH, Singapore  
Dr Yong Jun CHOI, Korea  
Dr Chee Seang CHONG, Malaysia  
Dr Peter EBELING, Australia  
Dr Serge FERRARI, Switzerland  
Dr Fen Lee HEW, Malaysia  
Dr Angela Wing Hang HO, Hong Kong  
Dr Jawl-Shan HWANG, Taiwan  
Dr Tai-Pang IP, Hong Kong  
Dr Bom Taeck KIM, Korea

Dr Tang Ching LAU, Singapore  
Dr Dong Ock LEE, Korea  
Dr Joon Kiong LEE, Malaysia  
Dr Julie Tan LI-YU, The Philippines  
Dr Mastura MD YUSOF, Malaysia  
Dr Leilani B. MERCADO-ASIS, The Philippines  
Dr Alenjandro V. PINEDA JR, The Philippines  
Dr Yew Siong SIOW, Malaysia  
Dr Chanika SRITARA, Thailand  
Dr Atsushi SUZUKI, Japan  
Dr Akira TAGUCHI, Japan  
Dr Yasuhiro TAKEUCHI, Japan  
Dr Alexander Tong Boon TAN, Malaysia  
Dr Keh-Sung TSAI, Taiwan  
Dr Paulo Chih-Hsing WU, Taiwan  
Dr Weibo XIA, China  
Dr Bu Beng YEAP, Australia  
Dr Swan Sim YEAP, Malaysia  
Dr Wei YU, China  
Dr Ling-Qing YUAN, China  
Dr Hua YUE, China

### CALL FOR ABSTRACT

Successful abstracts will be published in the highly  
respected AFOS Journal of Osteoporosis &  
Sarcopenia. Submission must be done online via  
[www.afos2017malaysia.com](http://www.afos2017malaysia.com).

### YOUNG INVESTIGATOR AWARD (Free Paper Oral Presentations)

- Award will be given to the Best Free Paper Oral Presentations.
- Presenter must be the first author of the research.
- Presenter must be below age of 40 on 31st December 2017.

### BEST POSTER AWARD (Free Paper Poster Presentations)

- Award will be given to the Best Poster Presentations.
- Presenter must be present by his/her poster for judges' evaluation.

### TRAVEL GRANT For Young Trainees

Successful trainees will be awarded a USD500  
travel grant. Find out more at our conference  
website.

**Deadline: 5.00pm, 15th July 2017**

### WE WELCOME

- Endocrinologists
- Orthopaedic Surgeons
- Rheumatologists
- Obstetricians & Gynaecologists
- Oncologists
- Physicians / General Practitioners
- Trainees / MO
- Nurses
- Dietitians
- Nutritionists
- Radiographers
- Pharmacists
- Allied Health Professionals and anyone involved in

## DAY 1 - FRIDAY (6th October 2017) \*Subject to change.

Introduction and welcome		
Plenary 1 – Osteoporosis – Disease burden and treatment gap		
Plenary 2 – Unmet need and practical strategy to find the under-diagnosed osteoporotic patients		
Opening ceremony		
Tea break & exhibit visit		
Symposium 1 – Nutrition, calcium and vitamin D: Issues, controversies		Symposium 2 – Therapeutics – Part 1
Calcium – What do we recommend our patients?		
Vitamin D – Is it really necessary?		
Role of macronutrients – Functional foods and beyond		
Q & A		
Lunch symposium		
Meet the expert 1	Meet the expert 2	Meet the expert 3
Symposium 3 – Imaging – Beyond bone density		Free paper oral presentations 1
Bone mineral density - Best practice		
Bone turnover markers in fracture risk prediction		
Utility of TBS		
Q & A		
Symposium 4 – Bone biology and biomechanics		Free paper oral presentations 1
Genetics and epigenetics of bone development		
Signal transduction involving bone cells coupling		
Bone biomechanics – Skeletal determinants of fracture risk		
Q & A		
High-tea symposium		

## DAY 3 - SUNDAY (8th October 2017) \*Subject to change.

Breakfast symposium by A. Menarini		
Meet the expert 9	Meet the expert 10	Meet the expert 11
Plenary 8 – Therapies past and present – Guiding future directions in osteoporosis		
Symposium 9 – OP – Hormonal therapies		Symposium 11 – Surgical management
Role of HRT		Management of painful vertebral fracture
SERMs		Hip fracture – Typical and atypical
Testosterone therapy		Fracture fixation with augmentation
Q & A		Q & A
Tea break & exhibit visit		
Presentation of awards – Young investigator award & best poster award		
Plenary 9 – Osteoporosis – New algorithm: Treating to target		
Lunch symposium by Amgen		

## MEET-THE-EXPERT SESSIONS

- Physical activity – What works? What's safe?
- Atypical femoral fracture
- Thyroid disease / Parathyroid disease and bone health
- Monitoring response to treatment – To scan or not to scan
- Glucocorticoid-induced osteoporosis – Difficult cases
- Clinical utility of TBS
- ONJ – International consensus
- Controversy of calcium supplementation
- Andropause debunking the myth
- Sarcopenia: The way forward
- FRAX – Update on utility

## DAY 2 - SATURDAY (7th October 2017) \*Subject to change.

Breakfast symposium			
Meet the expert 4	Meet the expert 5	Meet the expert 6	
Plenary 3 – Diabetoporosis and obesity			
Plenary 4 – Inflammatory disorders and the skeleton			
Tea break & exhibit visit			
Symposium 5 – Therapeutics – Part 2		Free paper oral presentations for Young Investigator Award	
Recognizing treatment failure			
Bisphosphonate – Balancing risks & benefits			
Drug holiday – Getting to grips			
Q & A			
Symposium 6 – Sarcopenia		Free paper oral presentations 2	
Sarcopenia & frailty - Is it inevitable?			
Frailty screening tools			
Nutrition and exercise – Maintaining intrinsic capacity			
Q & A			
Plenary 5 : Update on ONJ			
Lunch symposium (poster viewing / judging)			
Symposium 7 – Mandarin symposium		Meet the expert 7	Meet the expert 8
		Symposium 8 – Cancer and bone	
		Cancer and bone – Fatal attraction	
		Cancer-treatment induced bone loss (CTIBL) – Size of the problem?	
		CTIBL – Prevention and management: New standard of care	
Q & A		Q & A	
Tea break & exhibit visit			
Plenary 6 – Genes, bone density and fractures: An update on osteoporosis genetics			
Plenary 7 – Tumor induce osteomalacia			

## REGISTRATION FEES

	Malaysian Delegates		Overseas Delegates
	Allied Health Professional / Pharmacist / Trainee*	Doctor / Specialist	
<b>Early Bird</b> (Before 1 <sup>st</sup> July 2017)	MYR 800	MYR 900	USD 350
<b>Post-Early Bird</b> (2 <sup>nd</sup> July 2017 until 15 <sup>th</sup> September 2017)	MYR 900	MYR 1,100	USD 400
<b>Onsite</b> (After 16 <sup>th</sup> September 2017)	MYR 1,100	MYR 1,300	USD 450

- Registration Fees includes access to all scientific sessions and exhibition areas, lunch, tea breaks and conference collaterals.
- To be eligible for Trainee rates, trainees are required to submit documentary evidence of their status (Letter by Head of Department) during the online registration. Without this documentation, normal Malaysian Doctors / Specialists rate will be applied.



[www.afos2017malaysia.com](http://www.afos2017malaysia.com)



[www.facebook.com/5thAFOS2017](https://www.facebook.com/5thAFOS2017)

### CONFERENCE SECRETARIAT

ASIAN FEDERATION OF OSTEOPOROSIS SOCIETIES (AFOS)

c/o MEDICAL CONFERENCE PARTNERS

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